

**JUST STARTING OUT  
ON YOUR STAND-UP  
COMEDY CAREER?**



**DON'T WORRY WE  
GOT YOU COVERED**



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# Not to prepare is to prepare to fail.

## 10 simple actions to help you get set up for success.



Before stepping onto the stage, it's crucial to be thoroughly prepared. This 10-point checklist ensures you're ready in every aspect, from material readiness to engaging with your audience. It's designed to enhance your performance, ensuring you deliver your comedy with confidence and clarity. Follow this guide to optimise your comedic impact and professionalism on stage.

### Your 10 Point Check List

- 1** **Material Preparedness:** Ensure your material is well-practiced and timed. Know your set inside out, including your opener, closer, and any key punchlines.
- 2** **Audience Research:** Understand the type of audience you'll be performing for. Tailor your material to suit their sensibilities and preferences if necessary.
- 3** **Sound Check:** Arrive early to test the microphone and sound system. Familiarise yourself with the stage and the setup.
- 4** **Appearance Check:** Dress appropriately for the venue and audience. Your outfit should make you feel confident and comfortable.
- 5** **Physical Warm-Up:** Engage in some light physical activity to release tension. Stretching, facial exercises, or even a short walk can help.
- 6** **Vocal Warm-Up:** Perform vocal exercises to warm up your voice. Articulation drills and breathing exercises can improve your delivery.

7

**Relaxation Techniques:** Use relaxation methods to calm nerves. This could be deep breathing, visualisation, or a brief meditation.

8

**Review Notes:** Take a moment to review your notes or setlist. Visualise your performance from start to finish.

9

**Engage with the Audience:** Plan how you will engage with the audience. Consider how you'll handle hecklers or what you'll do if a joke doesn't land as expected.

10

**Mindset: Adopt a positive mindset.** Remind yourself of your preparation and skills. Focus on enjoying the experience and sharing your humour.



**Congrats! Your ready!**

In wrapping up, remember that success in stand-up comedy hinges not just on what you say but how you say it and your readiness to engage with every moment. This checklist isn't just a preparation guide—it's your roadmap to captivating audiences and leaving them roaring with laughter. As you step off stage, remember that every performance is a learning opportunity.

Reflect, refine, and ready yourself for the next laugh. Here's to your stand-up journey; may it be as rewarding as it is hilarious!

**Need some help finding your comedic voice?**

As the original stand-up comedy course providers in the UK, we've guided countless alumni to craft successful careers in the comedy business. We're passionate about what we do, and our showcase courses are designed to transform you from a novice to a live performer in just a couple of weeks. Are you ready to find your funny?

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